



# THE WELLSPRING SPA

## WELLSPRING SPA TREATMENTS

SPA SERVICE HOUR : 16:00-23:30

LAST APPOINTMENT TIME : 21:30

RESERVATION NUMBER: +886-3-869-1158 EXT. 3850

## MASSAGE

---

### **Traveler's Perk / Jetlag Recovering Massage / NT\$ 3,800**

**The total treatment duration is 105 minutes.**

**The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.**

A unique approach developed in Indonesia hundreds of years ago incorporating various techniques including palm pressure, thumb rolling, long strokes, kneading, Hawaiian Lomi-Lomi and Chinese Tapotement to reduce mental stress and physical tension. A selection of massage oils, all blended with essential oils and botanical carrier oils, will be presented for your choice before treatment.

### **Liberation / Deep Tissue Massage / NT\$ 4,200**

**The total treatment duration is 105 minutes.**

**The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.**

Deep tissue massage focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronically tense and contracted areas such as stiff necks, low back tightness, and sore shoulders. The movement is slower and the pressure is deeper and concentrated on areas of tension and pain.

### **Earthly Gems / Warm Stone Massage / NT\$ 3,800**

**The total treatment duration is 105 minutes.**

**The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.**

Warm, smooth stones are placed on the body's energy points, their heat penetrating deep within your muscles to melt away tension. Warm oils are also used with the rocks in long flowing massage strokes, producing deep relaxation and a sense of well-being.

### **Chinese Herbal Compress Massage / NT\$ 4,200**

**The total treatment duration is 120 minutes.**

**The actual treatment time is 75 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.**

Chinese herbs are wrapped and steamed in a compress to conduct a body massage by gentle pressing, gliding and circular rolling movements, which relieve nerves, tendons and muscles of tension.

### **Stress Relief Massage / Back and Head Massage / NT\$ 2,800**

**The total treatment duration is 60 minutes.**

**The actual treatment time is 30 minutes; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.**

Exclusive pampering treatment for those most put upon appendages- your back or feet, providing immediate tension release while soothing the nervous system. After this treatment, walking will feel like surfing.

### **Oriental Tea Aroma Massage Treatment / NT\$4,200**

**The total treatment duration is 105 minutes.**

**The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.**

This treatment uses tea-infused essential oils, combined with professional massage techniques and herbal compresses, applied gently through targeted pressure. This carefully designed approach helps relieve tense muscles and promote circulation, allowing for deep relaxation and balance through soothing aromas and sensations.

### **Hualien Deep Ocean Magnesium Salt Massage / NT\$ 4,200**

**The total treatment duration is 105 minutes.**

**The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.**

Deep-sea magnesium salt and soothing massage restore radiance and calm.

#### **Experience :**

- To maintain service quality, please make a reservation in advance. To avoid charges, please notify Wellspring of any cancellations at least one day in advance, before 20:00; otherwise, you will be charged NT\$1000 as a reservation cost. Late arrival may void your appointment and will not be refunded.
- After the treatment, if you would like to stay in the VIP Double room, every 30 minutes you will be charged NT\$1,000.
- Bathtub Add-on Option: Adults NT\$800 per person; Children NT\$300 per person. This includes 30 minutes for changing, showering, bathing, and tea refreshments.. Available only during the same time slot and in the same aroma therapy room.
- Massage extension: NT\$800 per 15 minutes.
- Prices are subject to a 10% service charge.
- The Wellspring SPA only provides aromatherapy. If there are any professional health questions, please kindly find a healthcare consultant.