



THE WELLSPRING SPA

WELLSPRING SPA TREATMENTS

SPA SERVICE HOUR : 13:30 - 22:00

LAST APPOINTMENT TIME : 20:00

RESERVATION NUMBER: +886-3-869-1158 EXT. 3850

MASSAGE

Traveler's Perk / Jetlag Recovering Massage / NT\$ 3,800

The total treatment duration is 105 minutes.
The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

A unique approach developed in Indonesia hundreds of years ago incorporating various techniques including palm pressure, thumb rolling, long strokes, kneading, Hawaiian Lomi-Lomi and Chinese Tapotement to reduce mental stress and physical tension. A selection of massage oils, all blended with essential oils and botanical carrier oils, will be presented for your choice before treatment.

※Additional charge of NT\$ 800 for each additional 15 minutes.

Liberation / Deep Tissue Massage / NT\$ 4,200

The total treatment duration is 105 minutes.
The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

Deep tissue massage focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronically tense and contracted areas such as stiff necks, low back tightness, and sore shoulders. The movement is slower and the pressure is deeper and concentrated on areas of tension and pain.

※ Additional charge of NT\$ 800 for each additional 15 minutes.

Earthly Gems / Warm Stone Massage / NT\$ 3,800

The total treatment duration is 105 minutes.
The actual treatment time is 60 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

Warm, smooth stones are placed on the body's energy points, their heat penetrating deep within your muscles to melt away tension. Warm oils are also used with the rocks in long flowing massage strokes, producing deep relaxation and a sense of well-being.

※Additional charge of NT\$ 800 for each additional 15 minutes.

Chinese Herbal Compress Massage / NT\$ 4,200

The total treatment duration is 120 minutes.
The actual treatment time is 75 minutes; an additional 45 minutes are provided for changing, showering, bathing, and tea refreshments.

Chinese herbs are wrapped and steamed in a compress to conduct a body massage by gentle pressing, gliding and circular rolling movements, which relieve nerves, tendons and muscles of tension.

※Actual therapy: 30minutes. Additional charge of NT\$ 800 for each additional 15 minutes.

Stress Relief Massage / Back and Head Massage / NT\$ 2,800

The total treatment duration is 60 minutes.
The actual treatment time is 30 minutes; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

Exclusive pampering treatment for those most put upon appendages- your back or feet, providing immediate tension release while soothing the nervous system. After this treatment, walking will feel like surfing.

※Actual therapy: 30minutes. Additional charge of NT\$ 800 for each additional 15 minutes.

Experience :

- To maintain service quality, please make a reservation in advance. To avoid charges, please notify Wellspring of any cancellations at least one day in advance, before 20:00; otherwise, you will be charged NT\$1000 as a reservation cost. Late arrival may void your appointment and will not be refunded.
- For travelers during pregnancy, the Wellspring SPA offers facial care treatments.
- After the treatment, if you would like to stay in the VIP Double room, every 30 minutes you will be charged NT\$1,000.
- Bathtub Add-on Option: Adults NT\$800 per person; Children NT\$300 per person. This includes 30 minutes for changing, showering, bathing, and tea refreshments.. Available only during the same time slot and in the same aroma therapy room.
- Prices are subject to a 10% service charge.
- The Wellspring SPA only provides aromatherapy. If there are any professional health questions, please kindly find a healthcare consultant.

SKIN POLISHING

Lulur / NT\$ 2,800

The total treatment duration is 90 minutes.

The actual treatment time is 60 minutes, including a 15 minute back massage; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

For centuries, every bride-to-be in the Javanese palace began the Lu- lur ritual forty days before her wedding ceremony to ensure beauty and glamour. A finely ground mixture of sandalwood, turmeric and rice powder exfoliates dead skin cells, followed by yogurt to moisturize and soften your skin. This treatment activates growth of new cells, leaving skin smooth and silky.

Good for oily skin type.

Coffee / NT\$ 2,800

The total treatment duration is 90 minutes.

The actual treatment time is 60 minutes, including a 15 minute back massage; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

Indonesian mountain tribes believe that coffee can cleanse the skin and absorb unpleasant body odors. A concoction of ground coffee beans and rice powder eliminates dead skin cells and enhances the reproduction of young skin, followed by a carrot and seaweed moisturizer, refreshing your skin for a nature glow.

Good for normal skin type.

Coconut / NT\$ 2,800

The total treatment duration is 90 minutes.

The actual treatment time is 60 minutes, including a 15 minute back massage; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

Shredded coconut mixed with turmeric powder gently exfoliates dead skin cells while nourishing your skin with natural moisturizer.

A cucumber and seaweed extract then replenishes your body with skin-softening vitamins. Good for sensitive or dry skin type.

Corn / NT\$ 2,800

The total treatment duration is 90 minutes.

The actual treatment time is 60 minutes, including a 15 minute back massage; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

This scrub blends ground corn with yogurt, and is recommended for normal to oily skin type. The corn removes dead skin cells and the yogurt will soften the skin. After scrubbing, the fresh cucumber sea-weed juice will be applied, leaving your skin fresh and healthy.

Seaweed / NT\$ 2,800

The total treatment duration is 90 minutes.

The actual treatment time is 60 minutes, including a 15 minute back massage; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

This mixture of seaweed- rich in nutrients— and clay removes dead skin cells while moisturizing your skin. After scrubbing, a carrot sea- weed blend will be applied to leave you fresh and fragrant.

Good for normal to dry skin type.

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BODY WRAPS

Boreh / NT\$ 2,800

The total treatment duration is 90 minutes.

The actual treatment time is 60 minutes, including a 15 minute head massage; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

Effective for soothing physical soreness and pain, and alleviating discomfort caused by gout. Covered with an Indonesian concoction of clove, pepper, cardamom, ginger and galangal, you will be wrapped in a thermal blanket, as healing warmth penetrates your body. Top off the treatment with a lavender mist spray to tranquilize your mind and spirit, along with a head and face massage.

Volcanic Clay / NT\$ 2,800

The total treatment duration is 90 minutes.

The actual treatment time is 60 minutes, including a 15 minute head massage; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

Good for detoxification and elimination of fine wrinkle lines. En-riched mineral clay from Mother Nature absorbs impurities deposited in your pores, with a lavender spray mist to sooth mind and body, along with a head and face massage.

Papaya Mint / NT\$ 2,800

The total treatment duration is 90 minutes.

The actual treatment time is 60 minutes, including a 15 minute head massage; an additional 30 minutes are provided for changing, showering, bathing, and tea refreshments.

This new age spa treatment blends papaya with mint leaves. A body wrap using these natural ingredients will moisturize, cool and fresh the skin. During wrap application, lavender water will be sprayed over your entire body to enhance mental relaxation. Heat wrapping the body will help the skin absorb the benefits of the papaya and mint, while a head and face massage during wrapping will calm the mind and revive the spirit.

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FACIAL CARE

Whitening Mask / NT\$ 2,500

The total treatment duration is 90 minutes.

The actual treatment time is 75 minutes; an additional 15 minutes are provided for changing, showering, bathing, and tea refreshments.

Cools the skin and eliminates spots and marks.
Recommended for sunburn.

Avocado Mask / NT\$ 2,500

The total treatment duration is 90 minutes.

The actual treatment time is 75 minutes; an additional 15 minutes are provided for changing, showering, bathing, and tea refreshments.

Softens skin and relieves facial fatigue.
Recommended after extensive traveling.

Tomato Mask / NT\$ 2,500

The total treatment duration is 90 minutes.

The actual treatment time is 75 minutes; an additional 15 minutes are provided for changing, showering, bathing, and tea refreshments.

Balances and restores healthy skin functioning.
Good for oily or un-healthy skin.

Mini Facial Treatment / NT\$ 1,600

The total treatment duration is 90 minutes.

The actual treatment time is 75 minutes; an additional 15 minutes are provided for changing, showering, bathing, and tea refreshments.

Must be selected along with a Body Treatment.

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Deluxe Spa Combinations

Taroko Indulgence NT\$8,200

240 minutes.

60 minutes A choice of Jetlag Recovering Massage or Warm Stone Massage

60 minutes A choice of Skin Polishing or Body Wrap

75 minutes Facial Care

45 minutes Wardrobe change / shower / bath / snack

Tapido Valley Retreat NT\$6,000

165 minutes.

60 minutes A choice of Jetlag Recovering Massage or Warm Stone Massage

60 minutes A choice of Skin Polishing or Body Wrap

45 minutes Wardrobe change / shower / bath / snack

Tacih Jili Simplicity NT\$5,700

160 minutes.

60 minutes A choice of Jetlag Recovering Massage or Warm Stone Massage

75 minutes Facial Care

45 minutes Wardrobe change / shower / bath / snack

Da-ou-la-ss Privacy NT\$4,800

180 minutes.

60 minutes A choice of Skin Polishing or Body Wrap

75 minutes Facial Care

45 minutes Wardrobe change / shower / bath / snack

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