



THE WELLSPRING SPA

Wellspring SPA Treatments

Spa service hour : 13:30 - 22:00

Last appointment time : 20:00

## MASSAGE

### Traveler's Perk / Jetlag Recovering Massage

**1hr 45 min / NT\$ 3,800**

A unique approach developed in Indonesia hundreds of years ago incorporating various techniques including palm pressure, thumb rolling, long strokes, kneading, Hawaiian Lomi-Lomi and Chinese Tapotement to reduce mental stress and physical tension. A selection of massage oils, all blended with essential oils and botanical carrier oils, will be presented for your choice before treatment.

※Additional charge of NT\$ 800 for each additional 15 minutes.

### Liberation / Deep Tissue Massage

**1hr 45 min / NT\$ 4,200**

Deep tissue massage focuses on realigning deeper layers of muscles and connective tissue. It is especially helpful for chronically tense and contracted areas such as stiff necks, low back tightness, and sore shoulders. The movement is slower and the pressure is deeper and concentrated on areas of tension and pain.

※ Additional charge of NT\$ 800 for each additional 15 minutes.

### Earthly Gems / Warm Stone Massage

**1hr 45 min / NT\$ 3,800**

Warm, smooth stones are placed on the body's energy points, their heat penetrating deep within your muscles to melt away tension. Warm oils are also used with the rocks in long flowing massage strokes, producing deep relaxation and a sense of well-being.

※Additional charge of NT\$ 800 for each additional 15 minutes.

### Chinese Herbal Compress Massage

**2hr / NT\$ 4,200**

Chinese herbs are wrapped and steamed in a compress to conduct a body massage by gentle pressing, gliding and circular rolling movements, which relieve nerves, tendons and muscles of tension.

※ Actual therapy: 30minutes. Additional charge of NT\$ 800 for each additional 15 minutes.

### Stress Relief Massage / Back and Head Massage

**1hr / NT\$ 2,800**

Exclusive pampering treatment for those most put upon appendages- your back or feet, providing immediate tension release while soothing the nervous system. After this treatment, walking will feel like surfing.

※ Actual therapy: 30minutes. Additional charge of NT\$ 800 for each additional 15 minutes.

#### Experience :

- Actual therapy: 1hr; wardrobe change / shower / bath / snack: 45min
- Reservations are required and must be on time to ensure the availability and quality of service.
- Please kindly make the payment in advance during 13:30-20:00.
- To avoid charges, please notify Wellspring of any cancellations at least one day in advance, before 20:00; otherwise, you will be charged NT \$1000 as a reservation cost.
- After the treatment, if you would like to stay in the VIP Double room, every 30 minutes you will be charged NT\$1,000.
- Prices are subject to a 10% service charge.
- The Wellspring SPA only provides aromatherapy. If there are any professional health questions, please kindly find a healthcare consultant.
- Please wear a mask throughout the whole treatment. If you are unable to wear a mask, we are sorry that we will assist you in canceling the treatment. Thank you for your understanding and cooperation!

## SKIN POLISHING

### Lulur

**1hr 30 min / NT\$ 2,800**

For centuries, every bride-to-be in the Javanese palace began the Lu- lur ritual forty days before her wedding ceremony to ensure beauty and glamour. A finely ground mixture of sandalwood, turmeric and rice powder exfoliates dead skin cells, followed by yogurt to mois- turize and soften your skin. This treatment activates growth of new cells, leaving skin smooth and silky. Good for oily skin type.

### Coffee

**1hr 30 min / NT\$ 2,800**

Indonesian mountain tribes believe that coffee can cleanse the skin and absorb unpleasant body odors. A concoction of ground coffee beans and rice powder eliminates dead skin cells and enhances the reproduction of young skin, followed by a carrot and seaweed mois-turizer, refreshing your skin for a nature glow. Good for normal skin type.

### Coconut

**1hr 30 min / NT\$ 2,800**

Shredded coconut mixed with turmeric powder gently exfoliates dead skin cells while nourishing your skin with natural moisturizer. A cucumber and seaweed extract then replenishes your body with skin-softening vitamins. Good for sensitive or dry skin type.

### Corn

**1hr 30 min / NT\$ 2,800**

This scrub blends ground corn with yogurt, and is recommended for normal to oily skin type. The corn removes dead skin cells and the yogurt will soften the skin. After scrubbing, the fresh cucumber sea-weed juice will be applied, leaving your skin fresh and healthy.

### Experience :

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## BODY WRAPS

### Boreh

**1hr 30 min / NT\$ 2,800**

Effective for soothing physical soreness and pain, and alleviating discomfort caused by gout. Covered with an Indonesian concoction of clove, pepper, cardamom, ginger and galangal, you will be wrapped in a thermal blanket, as healing warmth penetrates your body. Top off the treatment with a lavender mist spray to tranquilize your mind and spirit, along with a head and face massage.

### Volcanic Clay

**1hr 30 min / NT\$ 2,800**

Good for detoxification and elimination of fine wrinkle lines. En-riched mineral clay from Mother Nature absorbs impurities deposited in your pores, with a lavender spray mist to soothe mind and body, along with a head and face massage.

### Papaya Mint

**1hr 30 min / NT\$ 2,800**

This new age spa treatment blends papaya with mint leaves. A body wrap using these natural ingredients will moisturize, cool and fresh the skin. During wrap application, lavender water will be sprayed over your entire body to enhance mental relaxation. Heat wrapping the body will help the skin absorb the benefits of the papaya and mint, while a head and face massage during wrapping will calm the mind and revive the spirit.

### Experience :

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## FACIAL CARE

### Whitening Mask

**1hr 30 min / NT\$ 2,500**

Cools the skin and eliminates spots and marks.  
Recommended for sunburn.

### Avocado Mask

**1hr 30 min / NT\$ 2,500**

Softens skin and relieves facial fatigue.  
Recommended after extensive traveling.

### Tomato Mask

**1hr 30 min / NT\$ 2,500**

Balances and restores healthy skin functioning.  
Good for oily or un-healthy skin.

### Sake Beauty Mask

**1hr 30 min / NT\$ 2,500**

Contains pure and nature active yeast, Vitamin E, Celex-C, Arbutin, etc. elements to eliminate the horny-layer, and revitalizes, moisturizes the skin, and prevents skin aging to make your skin always smooth, fine, soft, and bright.

### Mini Facial Treatment

**30 min / NT\$ 1,600**

Must be selected along with a Body Treatment.

#### Experience :

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## Deluxe Spa Combinations

### **Taroko Indulgence NT\$8,200**

**240 minutes.**

60 minutes A choice of Jetlag Recovering Massage or Warm Stone Massage

60 minutes A choice of Skin Polishing or Body Wrap

75 minutes Facial Care

45 minutes Wardrobe change / shower / bath / snack

### **Tapido Valley Retreat NT\$6,000**

**165 minutes.**

60 minutes A choice of Jetlag Recovering Massage or Warm Stone Massage

60 minutes A choice of Skin Polishing or Body Wrap

45 minutes Wardrobe change / shower / bath / snack

### **Tacih Jili Simplicity NT\$5,700**

**160 minutes.**

60 minutes A choice of Jetlag Recovering Massage or Warm Stone Massage

75 minutes Facial Care

45 minutes Wardrobe change / shower / bath / snack

### **Da-ou-la-ss Privacy NT\$4,800**

**180 minutes.**

60 minutes A choice of Skin Polishing or Body Wrap

75 minutes Facial Care

45 minutes Wardrobe change / shower / bath / snack

#### **Experience :**

- Deluxe Spa Combination includes 45 minutes for shower / bath. Late arrival may void your appointment and will not be refunded.
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